

About Interactions Therapy Center

Interactions Therapy Center began as an outpatient mental health practice in 1989. It was founded by Gail Gabbert who holds a doctorate in counseling (D.Min. in Pastoral Counseling) and is licensed as a Marriage and Family Therapist in the state of Illinois. Additionally, she is a certified addiction counselor (CRADC).

Dr. Gabbert has 13 years of experience as a substance abuse counselor specializing in opioid recovery utilizing Methadone and Suboxone medications. She has worked in Chicago and in the small rural area of Galena, Illinois. She has served as a counselor, clinical supervisor and program director. She is passionate about opioid addiction recovery.

Interactions Therapy Center employs certified substance abuse counselors or licensed mental health practitioners who have training and work experience in medication assistance treatment. They are supervised by Gail Gabbert to provide services that meet SAMHSA and DHS guidelines.